

# WOMEN'S SPIRITUALITY GROUP

## WHAT HAPPENS WHEN YOU PRAY?

### WHAT WE ARE

- Open to any woman who would like to learn more about Catholic spirituality and prayer
- Open to any woman who is ready to put some time and energy into growing in her relationship with God
- A ministry within the Catholic community of Our Lady of Guadalupe Church
- A forum for sharing and learning more about our Catholic faith and spirituality

### WHAT WE ARE NOT

- We are not limited to any one ministry, group or segment of the parish. All are welcome.
- We are not a time for negativity but a time for positive faith sharing.
- We are not a lecture class.
- We are not a prayer group or support group.

### WHAT WE HOPE TO BE

- An opportunity for women to grow as persons and as women in relationship with others and with God
- A growing source of wisdom for the parish

### EXPECTATIONS

- Some reading and prayer preparation will be expected for all who participate.
- The ability to respect the sharing of others is required.
- The willingness to ask and seek answers to difficult questions about one's faith life is needed.

